



# **Applicant Self-assessment Form**

## **Applicant Self-assessment**

Please use this self-assessment form to indicate which of the Assessment Criteria you think you are competent against. Please write "Yes" or "No" in the right hand column as appropriate. For additional context, applicants should also refer to the IPMA Competence Baseline and consider the Competence Elements and Key Competence indicators when completing their self assessment.

If you indicate you are not competent against two or more of the Assessment Criteria per Learning Outcome it is suggested that you re-consider applying for this level at the current time. You can either apply for a lower level (as applicable) or wait until you are competent against more Assessment Criteria and apply then.

Unit 1 - The Impact of Organisations on Project Management

Learning outcomes  When awarded credit for this unit, a learner will have developed a capability to:	Assessment criteria Assessment of this learning outcome may require a learner to demonstrate that they can:	IPMA Competence Baseline reference	Self-assessment  Please indicate which of the Assessment Criteria you think you are competent in? (Yes/No)
1. Align project strategies and organisation objectives to corporate governance, structures and processes giving appropriate consideration to relevant compliance requirements, standards and regulations.	1.1 align an organisation's mission, vision and strategy into appropriate management control measures (such as critical success factors, success criteria, key performance indicators)	4.3.1.1, 4.3.1.4	
	1.2 inform an organisation's strategy through the monitoring and reporting of project performance measures (such as key performance indicators)	4.3.1.2, 4.3.1.3, 4.3.1.5	
	1.3 manage moderately complex projects through project management principles and within existing governance, structures and processes where a project's and an organisation's decision making, reporting and quality are in alignment. (types of organisation setting, such as functional, matrix and projectised organisations)	4.3.2.1, 4.3.2.5	
	1.4 manage compliant projects where relevant national and international standards and regulations are adhered to (such as the legal policies of the organisation, contract law, employment law, intellectual property, health and safety law, environmental law)	4.3.3.1, 4.3.3.2	
	1.5 ensure moderately complex projects and project teams comply with relevant codes of conduct, professional regulation and sustainability principles	4.3.3.3, 4.3.3.4	
	1.6 combine performance benchmarks with professional development to support a continuous improvement culture	4.3.3.5, 4.3.3.6	
	1.7 determine the relationship between a project, a programme and/or a portfolio of projects where the relationship exists in a moderately complex context	4.3.2.2, 4.3.2.3	

Unit 1 continued overleaf

#### Unit 1 – continued

2. Deliver projects through others where collaborative relationships, individual and team power and influence are integrated into an organisation's	2.1 consider individual personalities, working styles, ambitions and interests when establishing individual and team goals (such as Belbin, Margerison McGann, Myers Briggs)	4.3.4.1, 4.3.4.3
	2.2 determine the formal and informal impact of individuals and groups on a moderately complex project (such as French and Raven Bases of Power)	4.3.4.2
culture.	2.3 consider the impact of societal culture and the informal culture and values of an organisation when developing project plans and performance measures	4.3.5.1, 4.3.5.3
	2.4 align project aims, objectives and plans with the organisation's formal culture and values (such as Corporate Social Responsibility)	4.3.5.2
Develop a project structure which	3.1 establish a project structure where a project's stakeholders, context, environment and location will influence organisational design	4.5.5.1, 4.5.5.2
facilitates an effective information exchange between stakeholders of a moderately complex project.	3.2 establish communication processes which embrace communication models, methods and control mechanisms within a moderately complex project	4.5.5.3
	3.3 adjust a project's organisation structure in response to change drivers to ensure continual alignment with project and organisational strategies	4.5.5.4
4. Set a strategy to assure a moderately complex project is adequately resourced where organisational strategies are effectively and efficiently delivered.	4.1 implement a resource plan where financial forecasting, planning and supporting functions are key considerations when determining the quality and quantity of required resources for a moderately complex project	4.3.2.4, 4.3.2.6, 4.5.8.1, 4.5.8.2
	4.2 apply financial accounting techniques to determine project costs, funding and budgets (such as comparative, analytical, parametric, three-point)	4.5.7.1, 4.5.7.2, 4.5.7.3
	4.3 use a financial management, control and reporting system to identify and correct deviations (such as earned value management, SPI, CPI)	4.3.2.7, 4.5.7.4, 4.5.7.5
	4.4 effectively negotiate project resources with appropriate stakeholders	4.5.8.3
	4.5 follow a systematic approach to resource allocation which facilitates corrective action to be taken when required	4.5.8.4, 4.5.8.5

## Unit 2 - Delivering Sustainable Change through Effective Project Leadership and Management

Learning outcomes  When awarded credit for this unit, a learner will have developed a capability to:	Assessment criteria Assessment of this learning outcome may require a learner to demonstrate that they can:	IPMA Competence Baseline reference	Self-assessment  Please indicate which of the Assessment Criteria you think you are competent in? (Yes/No)
Reflect on own actions,     values and emotions to     develop behaviours which     are informed by integrity     and the requirement to     be a trusted and reliable	1.1 use individual experiences and self-awareness to inform future performance, recognise areas for improvement and build on existing strengths	4.4.1.1, 4.4.1.2	
	1.2 support appropriate workplace behaviours through effective self-direction, goal setting, time management and organisational skills based on a continual desire to learn and develop within the context of a moderately complex project	4.4.1.3, 4.4.1.4, 4.4.1.5	
project manager.	1.3 act ethically towards, and with responsibility for, own actions and decision making	4.4.2.1, 4.4.2.3	
	1.4 deliver sustainable, complete and accurate outcomes through a consistent approach to decision making based on a holistic view of a moderately complex project and its context	4.4.2.2, 4.4.2.4, 4.4.2.5, 4.4.8.5	
2. Develop productive and engaging relationships where open and transparent communication plays a significant role within a moderately complex project.	2.1 apply appropriate techniques which support and facilitate a structured and open approach to inclusive communication within a moderately complex project	4.4.3.1, 4.4.3.2, 4.4.3.5	
	2.2 determine appropriate communication methods considering the situation and audience, including virtual teams (such as language, channel, content, time zones)	4.4.3.3, 4.4.3.4	
	2.3 develop a network of internal and external contacts to establish relationships which will support the achievement of a moderately complex projects vision and goals	4.4.4.1, 4.4.4.2, 4.4.4.5	
	2.4 use appropriate techniques to understand the concerns of others thereby developing respectful and meaningful professional relationships	4.4.4.3, 4.4.4.4	

#### Unit 2 – continued

Demonstrate inspirational
leadership where the
behaviour of individuals
and teams are challenged
and where empowerment
is an explicit characteristic
within a moderately
complex project.

3.1 apply appropriate power and leadership styles alongside coaching and mentoring techniques to influence the behaviour of others to achieve established and evolving goals (such as Blake and Mouton, Hersey Blanchard)	4.4.5.3, 4.4.5.4	
3.2 positively inform the behaviours and actions of others through a proactive approach to supporting individuals and teams and through taking ownership of a moderately complex project's objectives	4.4.5.1, 4.4.5.2	
3.3 communicate a course of action based on informed decisions in situations where uncertainty influences actions	4.4.5.5	
3.4 establish an effective and efficient team where co-operation, internal networking and shared objectives lead to better performance based on a culture of empowerment within a moderately complex project (models such as Belbin, Margerison-McCann, Myers Briggs, Tuckman)	4.4.6.1, 4.4.6.2, 4.4.6.4	
3.5 reflect on areas for improvement in performance to promote a culture of continuous improvement in individuals and teams	4.4.6.3, 4.4.6.5	
3.6 inform the strategies of a moderately complex project through an open working relationship between and within teams, where information sharing is used to promote conceptual thinking	4.4.8.1, 4.4.8.2	
3.7 apply appropriate analytical techniques to different, but moderately complex, situations which require creative and alternative solutions.	4.4.8.3, 4.4.8.4	
3.8 anticipate individual and team needs to support effective operations in a healthy, safe and productive, but moderately complex, working environment	4.4.10.2, 4.4.10.3	

#### Unit 2 – continued

4. Deliver project outcomes through effective negotiation and conflict resolution.	4.1 recognise and interpret existing and potential areas of conflict, being mindful of the possible impact on people, to inform appropriate responses and resolutions (models such as Thomas/Kilmann, Blake and Mouton)	4.4.7.1, 4.4.7.2, 4.4.7.3
	4.2 reflect on the impact, potential or real, of conflicts and crises to stimulate learning and strengthen team cohesion	4.4.7.4
	4.3 apply appropriate negotiation techniques to establish interests, needs and constraints which support the creation of a negotiation strategy to achieve objectives	4.4.9.1, 4.4.9.2, 4.4.9.3
	4.4 achieve satisfactory agreements with others where exploiting new opportunities is a key negotiating factor	4.4.9.4, 4.4.9.5
	4.5 manage a moderately complex project effectively and efficiently, engaging with stakeholders to gain acceptance of project goals, processes and outcomes	4.4.10.4, 4.4.10.5
	4.6 measure the impact of decisions and actions on the success of a moderately complex project and the achievement of organisational objectives	4.4.10.1
5. Support organisational change and transformation.	5.1 consider an organisation's capacity to change when establishing change requirements and transformation opportunities	4.5.13.1, 4.5.13.2
	5.2 develop and implement a change or transformation strategy within the context of a moderately complex project	4.5.13.3, 4.5.13.4

Unit 3 - Implementing Effective Project Management in Stable and Uncertain Environments

Learning outcomes  When awarded credit for this unit, a learner will have developed a capability to:	Assessment criteria Assessment of this learning outcome may require a learner to demonstrate that they can:	IPMA Competence Baseline reference	Self-assessment  Please indicate which of the Assessment Criteria you think you are competent in? (Yes/No)
Utilise effective     stakeholder engagement     to deliver successful     projects.	1.1 prioritise project goals where requirements and acceptance criteria are based on a stakeholder analysis	4.5.2.1, 4.5.2.2, 4.5.2.3, 4.5.12.1	
	1.2 develop networks and alliances through the implementation of a stakeholder strategy and communication plan for a moderately complex project	4.5.12.2, 4.5.12.5	
	1.3 engage effectively with key internal and external stakeholders to inform project progress	4.5.12.3, 4.5.12.4	
	1.4 establish project success criteria within a design which has the flexibility to respond to changing priorities	4.5.1.1	
	1.5 adopt a 'lessons learned' approach to inform future projects	4.5.1.2	
	1.6 select a project management approach which considers the moderate complexity of a project and the potential impact of internal and external influences on that approach	4.5.1.3, 4.5.1.4	
	1.7 establish a project execution architecture based on an agreed approach to managing a moderately complex project	4.5.1.5	
Maintain the scope of a moderately complex	2.1 structure the scope of a moderately complex project based on definable project deliverables (such as Product Breakdown Structure, Work Breakdown Structure)	4.5.3.1, 4.5.3.2	
project ensuring time is scheduled efficiently to optimise project execution.	2.2 define project work packages which can be maintained within scope	4.5.3.3, 4.5.3.4	
	2.3 apply project management techniques to establish activities, work effort and activity duration to deliver a moderately complex project (estimating techniques such as analytical, comparative, parametric, three-point, PERT formulae)	4.5.4.1, 4.5.4.2	
	2.4 apply appropriate planning techniques to sequence and schedule activities based on the selected project management approach (such as waterfall, iterative)	4.5.4.3, 4.5.4.4	
	2.5 apply schedule control systems to determine variances and inform scheduling adjustments within a moderately complex project (such as earned value analysis)	4.5.4.5	

Unit 3 continued overleaf

#### Unit 3 – continued

3. Plan and monitor the execution of a moderately complex project engaging with stakeholders to help ensure quality of process,	3.1 work with stakeholders to determine procurement requirements, project suppliers and partners	4.5.9.1, 4.5.9.2 (part)
	3.2 effectively manage contract performance taking appropriate and timely action when required	4.5.9.4
product and output.	3.3 work with key stakeholders to establish plans to verify project quality requirements, objectives and standards, and to validate project outcomes for a moderately complex project	4.5.6.3, 4.5.6.4
	3.4 implement a performance control cycle which informs appropriate reporting mechanisms	4.5.10.3, 4.5.10.4
	3.5 implement agreed project changes following an appropriate assessment	4.5.10.5
	3.6 close and evaluate a phase or a project	4.5.10.6
4. Manage risk and	4.1 identify risks and opportunities within a risk management framework	4.5.11.1, 4.5.11.2
opportunity within a moderately complex project.	4.2 determine the impact of risks and opportunities through qualitative and quantitative assessments	4.5.11.3
	4.3 determine, monitor and evaluate appropriate strategies and response plans to address risks and opportunities for a moderately complex project	4.5.11.4, 4.5.11.5
5. Manage procurement and quality in accordance with the agreed project management plan	5.1 prepare appropriate documentation to procure goods and services based on negotiated and agreed contractual terms and conditions (such as fixed price, cost plus fixed fee, cost plus percentage fee, target cost contracts)	4.5.9.3, 4.5.9.2 (part)
	5.2 develop and implement an effective and efficient quality management plan which has the flexibility to respond to the outcomes of audits and any review of the quality of project deliverables throughout a project	4.5.6.1, 4.5.6.2, 4.5.6.5
	5.3 start and execute a moderately complex project based on an agreed project management plan which supports the transition to subsequent phases of a project	4.5.10.1, 4.5.10.2

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